

## February Festivities!

- 2/4 Safety Harbor Park
- 2/6 Resident Council Meeting
- 2/11 Moccasin Lake Park
- 2/13 Coffee Shop
- 2/14 Valentine's Day
- 2/17 Presidents Day
- 2/18 Men's Bar Outing
- 2/20 Ladies Only Adventure
- 2/25 Countryside Mall
- 2/26 Resident Birthday Party
- 2/27 John Chestnut Park

Celebrate February Birthdays in the Promenade on the 26th starting at 2:00pm!

### Happy Birthday to:

- 2/3 Jean I.
- 2/7 Kerry T.
- 2/9 Donna P.
- 2/9 Pamela S.
- 2/13 Helen C.
- 2/16 Doug J.
- 2/28 Gladys D.

## Love is in the air!



*Valentine's Day Card Making!*



February is upon us, and with it comes a delightful array of activities designed to celebrate the spirit of Valentine's Day. Throughout this month, we are excited to host a variety of engaging and fun-filled events that are sure to spark joy and creativity. Valentine's card-making sessions where you can craft heartfelt messages for your loved ones, heart-shaped cookie baking during our cooking classes, love-themed arts classes that will inspire your artistic side, and more. You don't want to miss out on all the love and fun!



*Roger at our Cooking Class!*

In addition to our month-long festivities, we will be hosting a Valentine's Day celebration on February 14th at 3 PM in the Promenade. We will be serving delightful champagne and delectable sweet treats to add a touch of elegance to your afternoon. As the celebration unfolds, get ready to be entertained by the enchanting sounds of music starting at 3:30 PM, featuring one of our favorite performers, the talented Mallory! We can't wait to celebrate with you!

## Dancing through the ages



Join us for a special event at Aravilla on February 21st at 3 PM, as we continue our Valentine's Day celebration with a captivating performance by the Arthur Murray Dance Center of Clearwater! This unique ballroom dance showcase promises to be an unforgettable experience that will fill the air with artistry, love and joy.

Dance is not just an art form; it's also a powerful therapeutic activity. Research has shown that engaging in dance can significantly benefit both the mind and body. It helps reduce stress and increases serotonin levels, often referred to as the "feel-good hormone". Whether you're dancing or simply watching, the experience stimulates the brain, fostering the creation of new neural connections—particularly in areas associated with long-term memory. As a result, dancing may even enhance memory retention. Don't miss this opportunity to enjoy an enchanting afternoon of dance and discover the numerous benefits it offers!



# 2025 Bowling Tournament



***Hermann S. preparing for the Bowling Tournament!***

This month at Aravilla, we are excited to kick off our 3rd Annual Bowling Tournament! Our competitive residents are enthusiastic and ready to dive into the season. Don't miss out! Join us for the tournament games every Tuesday at 10 AM in the Promenade.

Throughout our weekly matches, our dedicated activities team will meticulously track all scores, culminating in a grand tally at the end of the month. Special prizes will be awarded to our top three winners—1st, 2nd, and 3rd place. Get ready to roll and may the best bowler win!



## **Schedule of Events:**

Event begins February 4th at 10 AM  
Games held every Tuesday morning at 10 AM  
Event ends on March 18th at 10:30AM

***\*Please "like" our Aravilla Clearwater Facebook page to keep up with our Aravilla Family. You may even find unique photos of your loved ones!***

## Resident Spotlight: Virginia "Ginny" W.



***Ginny in her youth!***

We are thrilled to extend a heartfelt welcome to Virginia, affectionately known as "Ginny," as she joins our Aravilla family. Born in 1925 in Cliffside, North Carolina, Ginny demonstrated exceptional promise from an early age, graduating from Cliffside High School at just 16. She went on to attend Brevard Jr. College, where she became a well-known figure, actively participating in the drama club, basketball team, dance club, and serving as the vice president of her senior class.

At 19, Ginny furthered her education at the University of Florida in Gainesville, earning her Pharmacy Degree. She dedicated over a decade to her career as a pharmacist before embracing her role as a devoted mother and homemaker. Ginny is the proud mother of four — two sons and two daughters — who have since started families of their own, making her a delighted grandmother of four and a great-grandmother to two!



***Ginny W.***



***Ginny & Friends on an Aravilla Adventure at the coffee house!***

Ginny has a wide array of hobbies, including traveling, dancing, watching basketball, and cooking; however, her greatest passion is reading. A fun fact about Ginny is that she and her friends launched a successful estate sale business called "Golden Key," which thrived for over 20 years. She has traveled extensively, visiting all seven continents, and even received a modeling offer in her youth from Ford Models, which she graciously declined.

When you meet Ginny, please take a moment to say hello. Her radiant smile is sure to brighten your day!